

Dairy Aisle

Milk

- Whole Milk (gal., ½ gal., qt.)
- 1% Low Fat Milk (gal., ½ gal., qt.)
- 2% Reduced Fat Milk (gal., ½ gal., qt.)
- 0% Fat Free Milk (gal., ½ gal., qt.)
- Chocolate Milk (½ gal., qt.)
- Buttermilk (qt.)
- Lifeway Kefir Plain (qt.)
- Lifeway Kefir Strawberry (qt.)
- Lactaid Milk
 - Whole
 - 2%
 - 1%
 - Fat Free
- Fairlife Lactose Free Reduced Fat Milk (½ gal.)
- Fairlife Lactose Free Reduced Fat Chocolate Milk (½ gal.)
- Byrne Hollow Farm Grass Fed Organic Whole Milk (½ gal.)
- Byrne Hollow Farm Grass Fed Organic Fat Free Milk (½ gal.)
- Horizon Organic Milk
 - Whole
 - 2%
 - 1%
 - FF
 - Chocolate
- Stonyfield Organic Protein Fat Free Milk (½ gal.)
- Stonyfield Organic Kids 6 Bottle Pack
 - Strawberry Banana
 - Very Berry
- Almond Breeze Unsweetened Original (½ gal.)
- Planet Oat Oatmilk Original (½ gal.)
- Silk Almond Milks (Vanilla, Plain, Unsweetened)
- Silk Soy Milk (plain, unsweetened)

Creams

- Heavy Cream ½ pt
- Heavy Whipping Pt
- Light Cream pt
- ½ & ½
 - Half gallon
 - Quart
 - Pint
 - Organic Pint
- Whipped Cream Canister

Yogurt

- **Brands We Carry**
 - Chobani 5.3 oz/32 oz
 - Fage Single Serve/17 oz
 - Siggi's Single Serve/24 oz
 - Stonyfield Organic 32oz
 - Yoplait Single Serve
 - Kite Hill Dairy Free
 - Green Mountain Individual Size
 - Stonyfield Kids Smoothies/Pouches

Butter

- Cabot Unsalted/Salted
- Land O Lakes
 - Salted/Spreadable/Whipped
- Kerrygold Salted/Unsalted
- Kate's Unsalted/Salted
- Cottage Cheese
- Philadelphia Cream Cheese
 - Bar
 - Regular
 - Whipped
 - Chive
 - Low Fat

Eggs

- Cage Free Large Brown Eggs (dz.)
- Non GMO Large Brown Eggs (dz.)
- Local Organic Large Eggs (dz.)
- Local Organic Extra Large Eggs (½ dz.)
- Heirloom Egg (½ dz.)



Deli Counter

Fresh Cut Deli Items

We carry a full variety of Boar's Head and Dietz and Watson sliced cold cuts and cheese.

Raw Meats - Cut in Store and of the highest quality. Options listed below.

- **Bianco and Sons Sausages**
 - Hot
 - Mild
 - Chinese Style
 - Garlic and Cheese
 - Italian Style Chicken
 - Ground Sausage Meat
- **Steaks**
 - Boneless Ribeye Steaks and Roasts
 - N.Y. Sirloin Steaks and Roasts
 - Filet Mignon Steaks and Roasts
 - Chuck Roasts
 - Steak Tips
 - Stew beef
- **Ground Beef**
 - 90/10 Lean Ground Beef/Ground Beef Patties
 - 85/15 Grass Fed Beef 1lb Packages
 - Kobe Style 1lb Package Ground beef
- **Pork**
 - Boneless and Bone-in Pork Chops and Roasts
 - Pork Tenderloins
 - Seasoned Pork Chops
 - Fresh Ground Pork
- **Lamb**
 - Lollipop Lamb Chops
 - Frozen Ground Lamb

- Meatloaf Mix(lamb, beef, pork)
- Frozen Lamb Racks

- **Chicken** - Antibiotic free and Bell and Evan's
 - Whole Chickens
 - Bone-in Breasts
 - Boneless Breasts
 - Chicken Tenders
 - Thighs
 - Drumsticks
 - Organic Boneless Breasts
- **Dom's Marinated Meats**
 - **Steak Tips** - Original Flavor, Steakhouse, Red Sox, Teriyaki, Patriot Tipsa
 - **Chicken Breast** - Steakhouse, Italian, Lemon pepper, Caesar, Honey Mustard
 - **Turkey Tips** - Honey Mustard, Honey BBQ
 - Sweet Sausage
 - Hot Sausage

Boston Salads

- Cranberry Walnut Chicken Salad
- Chicken Salad
- Tuna Salad
- Egg Salad
- Seafood Salad
- Potato Salad
- Cole Slaw
- Pasta Salad
- Tortellini Salad

Breakfast Meats

- Bacon
- Turkey Bacon
- Canadian Bacon
- Breakfast Sausage



- Lobster Agnolotti
- Gluten Free Fresh Egg Ziti
- Potato Gnocchi
- Ricotta Gnocchi
- Variety Cream Sauces
- Whole Wheat Fusilli

Tillys Frozen Products

- Australian/New Zealand Lamb Racks
- Baby Back Ribs
- Breaded Eggplant Cutlets
- Cheese Tortellini
- Fully Cooked BBQ Baby Back Ribs
- Fully Cooked Chicken Tenders
- Fully Cooked Meatballs (1 oz, ½ oz, soup size)
- Stuffed Shells

Captain Marden's Seafood Dinners and Soups

Ice Cream

• Brands We Carry

- Ben & Jerry's
- Brighams
- Eddy's
- Elan's Frozen Yogurt
- Friendly's
- Giffords
- Giovanna Gelato & Sorbet
- Haagen Daz
- Hood Ice Cream Sandwiches
- Hoodsie Cups
- Klondike Bars
- Maple Valley (Local)
- Outshine Popsicles
- Popsicles
- Ritchie's Italian Ice
- Skinny Cow
- Talenti Gelato



- Cinnamon Toast
 - Homestyle
 - Nutri Grain Low Fat
 - **Wyman's Frozen Fruit**
 - Mango Chunks
 - Red Raspberries
 - Wild Blueberries
 - **Cascadian Farm Organics**
 - Broccoli Florets
 - Cut Green Beans
 - Edamame
 - Kale
 - Mixed Vegetables
 - Sweet Corn
 - Strawberries
 - Harvest Mixed Berries
 - **Birds Eye**
 - Chopped Spinach
 - Leaf Spinach
 - Rice Cauliflower
 - Buffalo Cauliflower
 - **Davio's Northern Italian Steakhouse**
 - Buffalo Chicken Spring Rolls
 - Philly Cheese Steak Spring Rolls
 - Oronoque Orchards 9' Deep Dish Pie Crust
 - Garden Veggie Burger (4 pack)
 - San Luis Chicken, Rice and Cheese Burrito
 - Hilary's Organic Black Rice Veggie Burgers (2 pack)
 - Amy's Organic California Veggie Burgers (4 pack)
 - Dr. Praeger's Gluten Free Perfect Burger (2 pack)
 - Hilary's Grain Free Super Cauliflower Veggie Burgers (4 pack)
 - Evol Chicken, Bean & Rice Burrito
 - **Red's Single Burritos**
 - Chicken & Cheddar
 - Steak & Cheddar
 - Bean, Rice & Cheddar
 - **Amy's**
 - Enchilada Cheese
 - Enchilada Black Bean & Vegetable
 - Macaroni & Cheese
 - Vegetable Pot Pie
 - Totino's Pizza Rolls (15 rolls)
 - Stouffer's Cheese French Bread Pizzas (2 pizzas)
 - Ellio's Cheese Pizza (9 slices)
 - Flatbread Savory Revolution 12" Pizza (Mushrooms, Caramelized Onions & Cheese)
 - Cape Cod Cafe Cheese Pizza (18 oz)
 - Cole's The Original Garlic Bread
- Deano's Frozen Pasta**
- **Fresh Egg**
 - Gemelli
 - Fusilli
 - Rigatoni
 - Ziti Penne
 - Cavatelli
 - **Ravioli**
 - Three Cheese Medium
 - Striped Spinach Round
 - Roasted Eggplant
 - Butternut Squash Amaretto
 - **Tortelloni**
 - Asparagus and Ricotta
 - Quattro Formaggio
 - Tri Colored 6 Cheese
 - Wild Mushroom



Freezer Aisle

Frozen Foods

- **Toufayan Gluten Free Wraps**
 - Original
 - Spinach
 - Savory Tomato
- **Grown in Idaho Super Crispy Fries**
 - Crinkle Fries
 - Shoestring Fries
 - Steak Cut Fries
- **Alexia Fries**
 - Onion Rings
 - Sweet Potato Puffs
 - Sweet Potato Fries
 - Hash Browns
 - Waffle Oven Fries
- **Stonefire Original Naan Flatbread**
- **Joseph Middle East Bakery Pita Bread**
 - Original
 - Whole Wheat
- **Bell & Evans Frozen Foods**
 - Grilled Chicken Breasts
 - Breaded Boneless Skinless Chicken Breasts - *Gluten Free*
 - Breaded Chicken Breast Tenders - *Gluten Free*
 - Breaded Chicken Breast Nuggets - *Gluten Free*
 - Breaded Chicken Patties
 - Breaded Chicken Breast Tenders
 - Breaded Chicken Breast Nuggets
 - Chicken Meatballs
- **Beyond Burger Plant Based Patties**
- **Crunchy Fish Sticks**
- **Applegate Organics Turkey Burgers**
- **Thomas Farms Free Range Ground Lamb**
- **6 oz All Beef Hamburger Patties**
- **Minowa All Natural Capon Chicken**
- **Kinnikinnick White Bread - *Gluten Free***
- **Canyon Bakehouse 100% Whole Grain Bread - *Gluten Free***
- **Against the Grain Original Rolls - *Gluten Free***
- **Against the Grain Pita Bread - *Gluten Free***
- **Udi's Classic French Dinner Rolls (6 packs) - *Gluten Free***
- **Udi's Crispy & Delicious French Baguettes (2 packs) - *Gluten Free***
- **Julie's Zucchini Breads - *Gluten Free***
 - Apple and Cranberry
 - Lemon Raspberry
 - Chocolate Chip
 - Banana
 - Nut
 - Apple Cinnamon
 - Luscious Lemon
 - Lemon Blueberry
 - Pumpkin Cranberry
 - *Also available in muffins
- **Feel good foods - *Gluten Free***
 - Vegetable Spring Rolls
 - Chicken Egg Rolls
 - Chicken PotStickers
 - Vegetable PotStickers
- **Willow Tree Chicken Pot Pie Original Style (Large, Medium or Small)**
- **Kellogg's Eggo**
 - Buttermilk
 - Blueberry
 - Chocolatey Chip



Crackers & Add Ons

- Smoked Salmon
- Firehook sea salt
- Petit toast
- Sandamiri (Olive oil, rosemary, or sea salt)
- Macy's Asiago or original cheese sticks
- Effie's Oatcakes
- Alexia Pate (truffle or duck cognac)
- Fig Paste
- Pepper Jam
- Sweet basils pesto



Specialty Cheese Case

Fresh Cut Cheese

- **Blues** (Whole or Crumble)
- **Feta** (Whole or Crumbles)
- **Fresh Ricotta** (Dragone or Maple brook-local)
- **Fresh Mozzarella** (Ovo., Cili or Ball)
- **Gorgonzola** (Crumbled or Dolce)
- **Parm** (Chunk Shred or Grated)
- **Romano** (Wedge or Grated)
- Brie
- Boursin
- Camembert
- Fromage d'affinois

Cheddars

- Cellars Cave Aged Vermont Jasper Hill
- **Cabot Vermont** (Sharp, Extra Sharp, Monterey Jack, Pepper Jack or 50% light)
- **Grafton** (1 year, 2 year, Reserve or Smoked)
- **Shelburne** (1 year, 2 year or smoked)
- **Kerrygold** Dubliner or Aged cheddar)
- Westminster Cheddar farmhouse
- Ford Farm Coastal
- Local Plymouth Hunter and Original
- Cotswold (double Gloucester)

Soft Local Cheeses

- **Jasper Hill Brand** (Harbinson, Oma von trapp, Lil hosmer, Mt. Alice, Bayley hazen blue)
- Cremont - Vermont Butter Creamery

Shredded Cabot Cheeses

- Mozzarella
- Cheddar
- Four Cheese Mexican
- Monterey Jack
- Sharp
- Rustic Pizza
- Two State Farmers

Miscellaneous Cheeses

- Fontina (Fontal)
- Gouda (Smith's)
- Aged Gouda (Rembrandt)
- Havarti (Plain or Dill)
- Gruyere
- Emmental
- Manchego
- Asiago Xtra Aged
- Merlot Wedge - Bellavitano
- Balsamic Wedge - Bellavitano
- Crumbled Goat
- Goat Logs (Plain or herb)
- Goat Gouda
- Creme fraiche
- Mascarpone

Olives

- Pitted Kalamata
- Country Mixed
- Meze

Meat Sticks

- Vermont Pepperoni
- Volpi - Chianti Wine Salami
- New England Charcuterie
 - Finnic.
 - Sweet Soppressata
 - Hot Soppressata
 - Bourbon and bacon
 - Rosso



- Hot & Spicy Mix
- Naked Nut Mix
- New Trail Mix
- Rachael's Mix

Candy

- Caramel Creams
- Fruit Slices, Lemon
- Fruit Slices, Mini Assort.
- Gummi Bears, 12 Flavor
- Gummi Bears, Sugarless
- Gummi Worms
- Jelly Beans, Assort
- Jelly Beans, Teenie Beanie
- Jordan Almonds, Assort
- Orange Slices
- Peachie Rings
- Sour Patch Kids
- Sour Patch Watermelon
- Spearmint Leaves
- Spice Drops
- Swedish Fish, Assort Large
- Swedish Fish, Red Mini

Misc.

- Sunflower Seeds
- Vegetable Chips Wasabi Green Peas
- Raw Pepitas
- Barrel Aged Bourbon Caramels
- Yogurt Pretzels
- Yogurt Raisins



Arcade Snack

Nuts

- Almonds, Blanched Slivered
- Almonds, Natural Slices
- Almonds, Smokehouse
- Almonds, Unbl. Whole RAW
- Almonds, Unbl. Whole Roasted & Salted
- Cashews, Coconut
- Cashews, Colossal RAW
- Cashews, Honey Roast
- Cashews, Super Colossal
- Macadamia Nuts
- Peanuts
- Peanuts, Butter Toffee
- Peanuts, Season Dry Roast,
- Pecans, Halves RAW
- Pecans, Praline
- Pignolia Nuts
- Pistachio Meats
- Pistachio, Natural
- Walnut ½'s & Pieces
- Chia Seeds
- Corn Nuts
- Honey Nut & Seed Crunch
- Peanut Crunch
- Pumpkin Seeds
- Sesame Sticks

Chocolate

- Choc. Espresso Beans
- Choc. Peanut Caramel Patties
- Choc. Sunflower Seeds Rainbow
- Dark Choc. Almonds
- Dark Choc. Cranberries
- Dark Choc. Non-Pareils
- Dark Choc. Peanut Butter Pretzels
- Dark Choc. Pretzels
- Dark Choc. Raisins
- Dark Choc. Seasalt Caramels

- Milk Choc. Double Dip Peanuts
- Milk Choc. Almonds
- Milk Choc. Cranberries
- Milk Choc. Graham Crackers
- Milk Choc. Gummi Bears
- Milk Choc. Malt Balls
- Milk Choc. Pretzels
- Milk Choc. Raisins

Dried Fruits

- Apricots
- Banana Chips
- Cantaloupe Spears
- Dried Cherries
- Coconut Chunks
- Dried Cranberries
- Currants, Zante
- Date Coconut Roll w/Almonds
- Dates, Medjool
- Figs, Black Mission Fancy
- Figs, Sierra
- Ginger
- Goji Berries
- Golden Raisins
- Kiwi Slices
- Mango Slices
- Mixed Fruit
- Papaya Spears
- Peaches, Jumbo
- Pears, Jumbo
- Pineapple, Diced
- Plantain Chips
- Prunes, Ashlock Pitted
- Jumbo Flame Raisins

Mixes

- 19th Hole Snack Mix
- All the Right Stuff
- Berry Nut & Seed Crunch
- Cranberry Trail Mix
- Energy Mix
- Gourmet Jumbo Mixed
- Hikers Mix

